

<u>Indoor track: Mohawk Trail's Virginia Krezmien enjoys record-breaking PVIAC Meet No. 7</u>

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It was a record breaking indoor track season for Mohawk Trail's Virginia Krezmien.

The freshman placed second in the girls 1,000 meter run (3 minutes, 28.69 seconds), second in the 1 mile (5:41.86) and 12th in the high jump (four feet even) in the early session of PVIAC Meet No. 7 on Sunday at Smith College.

Those times helped the Warriors come away with wins over Commerce (57-14) and Hampden Charter East (66-8). Krezmien closed out the regular season with 219 points scored for Mohawk Trail. That makes her the highest scorer in program history, and she's the first girl to surpass the 200-point mark. Megan Davis held the previous school record of 190 points.

Next up for the local teams is the PVIAC Championship meet, set for Sunday at 3 p.m. at Springfield College.

Here are the remainder of the results from Sunday. Pioneer had a bye, and the girls' team wrapped up a Valley League South championship the previous weekend with an unblemished 6-0 league mark.

Mohawk Trail

The Warrior boys also picked up wins over Commerce (58-10) and Hampden Charter East (54-11).

Chay Mojallali won the high jump (6-2) and placed seventh in the 55 hurdles (9.04), Peter Healy took seventh in the mile (5:08.13) while Rex Kuoppala placed 10th in the mile (5:17.90).

On the girls side, Sophia Goodnow came in sixth in the shot put (25-6) while Avery Johnston took seventh in the shot put (25-3.5).

Source: https://www.recorder.com/Indoor-Track-recap-Mohawk-Trail%E2%80%99s-Virginia-Krezmien-enjoys-record-breaking-PVIAC-Meet-No-7-53941127